

small
GROUPS
Ridge Point Community Church

Series



What's On Your Mind

Anger to Compassion – January 8/9

Text – Colossians 3:1 – 17, Galatians 5:19 – 26, Ephesians 4:26 – 27

Pray – As you open in prayer ask God to create a sense of emotional safety in the room so all can honestly talk about the feelings of anger that lurk in the corners of our heart and mind. Ask God to cause the Spirit to speak clearly to everyone and through everyone.

Icebreaker – Have each person share their favorite anger fantasy (the thoughts we have of “telling someone off” or seeing someone “get what they deserve” or watching a person we are angry with be embarrassed).

Study

Getting Started

Colossians 3:1-17

The Apostle Paul clearly describes the “full life” Jesus spoke about in John 10:10 as he describes life before and after placing one’s faith in Jesus. He uses terms such as death and wrath to describe a life lived in selfishness. Life following Jesus is compared to peace and hope. Following self and the desires that arise from being insecure and self-protective lead to isolation and defeat but following the Spirit leads to community, care and revelation. In Colossians 3:1-17 we find two lists – one in verse 8 to be “taken off” and one in verse 12 to be “put on.” Each list contains five attitudes or emotions or actions characterizing a particular virtue. In the first list we see the characteristics of a person before he or she is following Jesus and in the second list Paul describes the virtue of a follower of Jesus experiencing fuller and fuller life.

Anger is the first emotion that Paul urges us to let “die.” Anger is not a sin but it can lead to sin.

Note – Anger is the first emotion that Paul urges us to let “die” and rid ourselves of. Anger is not a sin but it can lead to sin. Anger that arises from a selfish perspective – “you didn’t give me what I want, so I am angry” – will lead to sin.

Righteous anger rises out of the observation of injustice and oppression and fuels righteous results when expressed through compassion. When we follow the Spirit’s leadership, our anger is never expressed in hostility but only in ways that fuel the empowerment of others.

Galatians 5:19-26

When a person “bends the knee” of his or her heart, accepts the forgiveness of sin offered by Jesus through His death, and commits by faith to follow Him having died to selfishness and resurrected with Jesus to full life, God fills our heart and soul – emotions and consciousness – with His very own person, the Holy Spirit. Life following Jesus is guided by the whole person of God or the Trinity – as the Spirit heals our hurts, guides our thoughts, affirms our place in God’s eternal family, translates the Bible to us, and moves us along the journey God has designed. When we live according to the Spirit’s leading, we produce supernatural fruit – love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. These virtues are in followers of Jesus and as we listen to the Spirit’s leadership they are expressed in ways we were not previously capable of. It is because of the Spirit that we can move from anger to compassion.

Small Group Discussion Guide

Note – How does God deal with you and me when we do not think, love, serve, or live like Jesus? How does the Spirit communicate with us? In a life led by the Spirit we sense the empowerment to act toward others as the Spirit acts toward us – with compassion.

Ephesians 4:26-27

Anger is not a sin. The emotion is given by God and is designed to assist us in bringing unity and hope – that’s kind of ironic. Anger creates clarity of thinking and added energy for problem solving. Following the Spirit and allowing the fruit He brings to flow out of us because we know that when we die, we die to selfishness and today, we are alive and able to follow Jesus. This will position us to be angry honestly and not harm others or self – but bring peace.

Focusing In

1. Why does the Apostle Paul instruct us to “put to death” anger and to “put on” compassion? Why are these images so powerful?
2. In Colossians 3:1-3 Paul assumes that the people he is writing to are followers of Jesus. Have you made the decision to follow Jesus and to pass from spiritual death to life – to be able to take off anger and put on compassion? Tell the group your story of coming to Jesus.
3. What does it mean to “set our hearts on things above?” (Colossians 3:1) Give some practical examples of how we “set our hearts on things above” and habitually keep them there?
4. How is “setting our hearts on things above” different from setting “our minds on things above?” (Colossians 1:2) What is the difference between “things above” and “earthly things?” (Colossians 1:2-3)
5. What do you need to stop doing so that the Spirit can cause His fruit to emerge out of your mind, heart mouth, and body and reveal that Jesus is your “life?” (Galatians 5:22 and Colossians 1:4)

Call to Action

1. **Think** – Catch your angry thoughts before they become actions and have compassion on the one you are angry with.
2. **Love** – Place the person you feel anger toward above you on the list of “who gets served first” and sense the Spirit’s feelings for him or her or them. Mimic the Spirit’s feelings and compassion.
3. **Serve** – As you seek to resolve the conflict and cause your anger to be used to bring unity, act on your compassion and serve the other as you seek to follow the Spirit’s leading and the revelation of Jesus’ character.
4. **Live** – Remember, anger that arises when injustice and oppression is thrust upon others is righteous anger. When anger is felt because you are “not getting your way” is unrighteous anger and is part of a life before following Jesus – just let those emotions die. Live as Jesus did!

Small Group Discussion Guide



Sharing & Prayer - Share prayer requests, both from this discussion and from other areas of life.

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Group Prayer - Ask God to help each person follow through on the applications. Share other requests and leave ample time for praying as a group.

What's On Your Mind

Rage to Kindness – January 15/16

Text – Colossians 3:1 – 17, Galatians 5:19 – 26, Ephesians 4:31 - 32

Pray – Ask God to reveal the rage we have and the ways it may be expressed. Pray for a safe environment where we can speak openly about our desires to see others “receive what they deserve.” Thank God for His grace and for the joy we have because we don’t get what we deserve but that we receive forgiveness and full life in Jesus Christ.

Icebreaker – What is the best example of rage you have observed (on TV, in person, movies)? How do you feel when you see rage and why do people express it?

Study

Getting Started

Colossians 3:1-17

The Apostle Paul clearly describes the “full life” Jesus spoke about in John 10:10 as he describes life before and after placing one’s faith in Jesus. He uses terms such as death and wrath to describe a life lived in selfishness. Life following Jesus is compared to peace and hope. Following self and the desires that arise from being insecure and self-protective lead to isolation and defeat but following the Spirit leads to community, care and revelation. In Colossians 3:1-17 we find two lists – one in verse 8 to be “taken off” and one in verse 12 to be “put on.” Each list contains five attitudes or emotions or actions characterizing a particular virtue. In the first list we see the characteristics of a person before he or she is following Jesus and in the second list Paul describes the virtue of a follower of Jesus experiencing fuller and fuller life.

*The kindness the
Spirit brings is supernatural.*

Note – Anger leads to rage and compassion leads to kindness. Not only do we need to address the underlying emotions but we also need to consider the resulting habitual actions. As anger habitually leads to rage, habitual compassion will lead to kindness.

Galatians 5:19-26

When a person “bends the knee” of his or her heart, accepts the forgiveness of sin offered by Jesus through His death, and commits by faith to follow Him having died to selfishness and resurrected with Jesus to full life, God fills our heart and soul – emotions and consciousness – with His very own person, the Holy Spirit. Life following Jesus is guided by the whole person of God or the Trinity – as the Spirit heals our hurts, guides our thoughts, affirms our place in God’s eternal family, translates the Bible to us, and moves us along the journey God has designed. When we live according to the Spirit’s leading, we produce supernatural fruit – love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. These virtues are in followers of Jesus and as we listen to the Spirit’s leadership they are expressed in ways we were not previously capable of. It is because of the Spirit that we can move from rage to kindness.

Small Group Discussion Guide

Note – Kindness is specifically listed by Paul as a “fruit” that emerges when the Spirit indwells us. We are designed as followers of Jesus to exhibit kindness in a unique manner unlike those who follow self. The kindness the Spirit brings is supernatural.

Ephesians 4:31-32

In this passage, Paul uses blunt and clear words to express that we need not act in manners common to those around us. We are to just simply “get rid off” – as if we are taking out the trash and leaving it on the curb to be thrown into a landfill. We are to trade it in for compassion – an emotion that paves the way to kindness. Acts designed bring wholeness and fullness.

Focusing In

1. Why does Paul use the phrase “put to death” when speaking about changing our thoughts and behavior? How long does he assume it will take us to make the change? (Colossians 3:5)
2. Colossians 3:5-6 includes a list of thoughts and actions that are responsible for “bringing the wrath of God.” Why will these things bring such judgment? Why are these so bad? Have any of these negatively affected you?
3. Colossians 3:7-8 includes two phrases – “You used to walk” and “But now.” Have you had a change in behavior since you began following Jesus? Have you decided to leave rage behind and embrace kindness? How can one make this decision and stick with it?
4. Ephesians 4:32 calls us to kindness and compassion and ties those thoughts and action to forgiveness. Can a Jesus follower be kind and compassionate – authentically so – without forgiving others? Why Does Paul include “just as in Christ God forgave you” in this verse?
5. When God looks at you and me through the life, death, burial, and resurrection of Jesus, how does He see us? Does He enact rage toward us? How is the Spirit calling you and me to see others? How does that govern the way we treat them?

Application

1. **Think** – Adopt the thoughts the Holy Spirit has toward those around you as your own.
2. **Love** – Habitually cultivate kindness toward those around you and allow the Spirit to express supernatural kindness through you.
3. **Serve** – Put actions to your thoughts and feelings (sometimes your actions will form your thoughts and feelings) and act kindly to those around you – especially those you have been angry with or have raged towards. Tell the group who these people are so they can pray for you.
4. **Live** – Act toward people as Jesus did and as the Spirit moves you to. You are dead to your selfishness and you don’t need to protect yourself. The Spirit will guide you and protect you.

Small Group Discussion Guide



Sharing & Prayer - Share prayer requests, both from this discussion and from other areas of life.

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Group Prayer - Ask God to help each person follow through on the applications. Share other requests and leave ample time for praying as a group.

What's On Your Mind

Malice to Humility – Feb 5/6

Text – Colossians 3:1 – 17, Galatians 5:19 – 26, Ephesians 4:3

Pray – Ask Jesus to reveal to each person the fears and injuries that are resulting in insecurities and prideful actions. Pray for a safe atmosphere where each can safely confess malicious thoughts and actions. Call on the Spirit to cause humility to be seen as it is – a huge strength of character resulting in peace and hope.

Icebreaker – If you were to really “get” someone and give them “what they deserve” what would you do to them?

Study

Getting Started

Colossians 3:1-17

The Apostle Paul clearly describes the “full life” Jesus spoke about in John 10:10 as he describes life before and after placing one’s faith in Jesus. He uses terms such as death and wrath to describe a life lived in selfishness. Life following Jesus is compared to peace and hope. Following self and the desires that arise from being insecure and self-protective lead to isolation and defeat but following the Spirit leads to community, care and revelation. In Colossians 3:1-17 we find two lists – one in verse 8 to be “taken off” and one in verse 12 to be “put on.” Each list contains five attitudes or emotions or actions characterizing a particular virtue. In the first list we see the characteristics of a person before he or she is following Jesus and in the second list Paul describes the virtue of a follower of Jesus experiencing fuller and fuller life.

*Humility causes me to be secure
in who God has made me to be.
I can rest in God's power to
protect and provide.*

Note – Paul explains that malice – the desire or intent to do harm – is fueled by pride. Pride causes me to place myself – needs, feelings, person – over you and to assume I am worth more and deserve more. Malice rises out of a fear that you will get more and that I need to “keep you below me” in order to retain my “place.” Humility causes me to be secure in who and where I am and to rest in God’s power to protect and provide. I need not harm you. It serves no purpose. I can serve you because you are no longer a threat. I am free from

nonsensical competitive thoughts and liberated to serve you – so you too might know freedom.

Galatians 5:19-26

When a person “bends the knee” of his or her heart, accepts the forgiveness of sin offered by Jesus through His death, and commits by faith to follow Him having died to selfishness and resurrected with Jesus to full life, God fills our heart and soul – emotions and consciousness – with His very own person, the Holy Spirit. Life following Jesus is guided by the whole person of God or the Trinity – as the Spirit heals our hurts, guides our thoughts, affirms our place in God’s eternal family, translates the Bible to us, and moves us along the journey God has designed. When we live according to the Spirit’s leading, we produce supernatural fruit – love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. These virtues are in followers of Jesus and as we listen to the Spirit’s leadership they are expressed in ways we were not previously capable of. It is because of the Spirit that we can move from malice to humility.

Small Group Discussion Guide

Note – Galatians 5:19 lists “acts of the sinful nature” or the thoughts and behaviors that come naturally to someone before he or she begins to follow Jesus. All of the thoughts and actions which contribute to division and conflict and are the result of prideful selfishness. The “sin nature” acts out of fear and insecurity and takes from others what is “deserved.” The Fruit of the Spirit is the opposite. When you and I have the Spirit we have life and there is no need to act in a manner that takes from others. We have all we need. We are “beyond emotional, spiritual, or physical death” so there is no need to protect ourselves. When we embrace who we already are in Jesus and flow with the Spirit’s leadership we will bear the fruit of His presence.

Ephesians 4:-3

The Apostle Paul clearly states our mission. Followers of Jesus choose to be humble and patient and live that out by “bearing with one another.” The phrase “bear with” means to carry. People are not annoying when we choose to see them as a vital part of our life and we have no malice toward those we pick up and carry. When someone is valuable enough to serve they are too valuable to be injured.

Focusing In

1. How does pride cause us to lie to one another? (Colossians 3:9-12) Why would I claim to be a follower of Jesus yet still have malice toward others? How can admitting my malice toward others result in healthy pride – not self judgment?
2. Do you feel like you are chosen, holy and dearly loved? Why does Paul call the Colossians by these names and how do we gain these titles? How does a chosen, holy and dearly loved person look, act, think and serve? (Colossians 3:9-12)
3. Is humility a weakness or strength? Why? Who is the most humble person you know or have known? Why?
4. How does following the Spirit make us humble and how can relying on His leadership keep us humble? Does the Spirit hold malice toward anyone? If we are following the Spirit can we hold malice? (Ephesians 4:2-3)
5. Which fruits of the Spirit lead us to humility and away from malice? (Galatians 5:22-23)

Call to Action

1. **Think** – Have the same thoughts about yourself and others as the Spirit has for you and them. Check this throughout your day.
2. **Love** – Knowing the love you have to give comes from the Spirit and it is endless because God is endless, allow His love to flow into you and through you. No longer fear loving others and no longer feel as though loving others puts you at risk of injury. Love freely.
3. **Serve** – When you sense a desire to act maliciously toward someone, immediately serve them with the fruit the Spirit gives as one who is in unity with you.

Small Group Discussion Guide



4. **Live** – Don't be bound by anger, fear and malice. Live freely. Humility releases you from a sense of "I deserve" and the subsequent disappointment that you didn't get what you thought you were entitled to. You have it all – you have the Spirit. You are free to live and love.

Sharing & Prayer - Share prayer requests, both from this discussion and from other areas of life.

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Group Prayer - Ask God to help each person follow through on the applications. Share other requests and leave ample time for praying as a group.

What's On Your Mind

Slander to Gentleness – Feb 12/13

Text – Colossians 3:1 – 17, Galatians 5:19 – 26, Philippians 4:5

Pray – Ask God to bring a sense of His protection over the entire group so that each can see him or herself as capable of gentleness. Pray for a realization of the Spirit in each one's heart – more real than ever before – that no one would sense a need to battle or slander another. Pray for gentleness to emerge.

Icebreaker – Tell the group of a time you were slandered and the result. Tell the group when you slandered or were tempted to slander another. What did you say or what did you want to say?

Study

Getting Started

Colossians 3:1-17

The Apostle Paul clearly describes the “full life” Jesus spoke about in John 10:10 as he describes life before and after placing one's faith in Jesus. He uses terms such as death and wrath to describe a life lived in selfishness. Life following Jesus is compared to peace and hope. Following self and the desires that arise from being insecure and self-protective lead to isolation and defeat but following the Spirit leads to community, care and revelation. In Colossians 3:1-17 we find two lists – one in verse 8 to be “taken off” and one in verse 12 to be “put on.” Each list contains five attitudes or emotions or actions characterizing a particular virtue. In the first list we see the characteristics of a person before he or she is following Jesus and in the second list Paul describes the virtue of a follower of Jesus experiencing fuller and fuller life.

*I can't slander someone when
the gentleness of Jesus flows
from me.*

Note – I can't slander someone when the gentleness of Jesus is flowing from me! The Apostle replaces one of the most dreadful behaviors one can participate in with the actions of Jesus on the cross. Jesus gently gave His life for those who had slandered him – people who called Him the devil and an insurgent. Jesus exhibited a strength and power that could only have come for an eternal assurance of His security in God's love. Slander rises from malice, rage, and anger and uses the tongue as a butcher knife. Gentleness conjures up images of help and healing – the exact opposite of slander.

Galatians 5:19-26

When a person “bends the knee” of his or her heart, accepts the forgiveness of sin offered by Jesus through His death, and commits by faith to follow Him having died to selfishness and resurrected with Jesus to full life, God fills our heart and soul – emotions and consciousness – with His very own person, the Holy Spirit. Life following Jesus is guided by the whole person of God or the Trinity – as the Spirit heals our hurts, guides our thoughts, affirms our place in God's eternal family, translates the Bible to us, and moves us along the journey God has designed. When we live according to the Spirit's leading, we produce supernatural fruit – love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. These virtues are in followers of Jesus and as we listen to the Spirit's leadership they are expressed in ways we were not previously capable of. It is because of the Spirit that we can move from slander to gentleness.

Note – Galatians 5:24 provides the correct imagery. When a person is a follower of Jesus, actions like slander have been crucified. Killed. Put to Death. Slander is not something we “get over slowly” or “work our way out of” or “deal with.” Slander is an action – a way of talking about someone else instead of to him or her – that we must stop. It is as easy as using our jaw muscles to just halt. This action is dead. Why do we continue it? The Spirit causes gentleness to flow out of us – let it flow. Stop the slander and gentleness will replace it.

Philippians 4:5

Paul calls on the church in Philippi to let gentleness be the defining action that others see in them. He then tells them why this is possible. They can be gentle because the Lord is near them and caring for them. Philippi was a Roman Garrison and violence was “near” them regularly. They most likely were tempted to not be gentle in order to protect themselves. But, Paul tells them to remember that One far greater and more powerful than the Roman army is near – gentleness is possible because God protects and provides.

Focusing In

1. What motivates someone to slander another? Would you consider it reasonable if Jesus would have slandered the Jewish leaders even if He did it to achieve His righteous goals? Does God slander? Why or why not?
2. When does Colossians 3:13 say we should forgive one another? Do I only forgive when someone says they are sorry or when I feel they know what they did was wrong?
3. What does Colossians 3:14 say is the goal of gentleness – and all the virtues listed in Colossians 3:12 – is? What does that look like? What would your family be like if this became a reality?
4. According to Galatians 5:22-23, is gentleness a naturally occurring virtue? Why is it so hard to exhibit? How can we most effectively be gentle and be so consistently?
5. In Philippians 4:5 Paul tells us to let our gentleness be known to everyone? What are practical ways to do that – walk through your normal day in your mind and share how with each hour you can exhibit gentleness to those who will be around.
6. Why is it significant that “the Lord is near?” Why should that be a positive motivator?

Call to Action

1. **Think** – Everyone you lock eyes with is a co-creation of God and is someone Jesus gave his life for and is capable of being filled with the Spirit. Let this truth motivate your thoughts. You can’t slander someone you know is thought of this highly by God.
2. **Love** – Jesus loves everyone you and I lock eyes with so much He gave His life and was resurrected for them – and us. His heart broke and is breaking for them. Let your heart break for them also. You will be gentle to those you know Jesus is gentle toward.
3. **Serve** – As we interact with others, gentle services that are unexpected and unearned reveals the mind of God, the love of Jesus, and the concern of the Spirit. Serve everyone you encounter as you are served by the Father, Son and the Spirit.

Small Group Discussion Guide



4. **Live** – When you don't slander you need not fear reprisals. Life is more peaceful. Live that way.

Sharing & Prayer - Share prayer requests, both from this discussion and from other areas of life.

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Group Prayer - Ask God to help each person follow through on the applications. Share other requests and leave ample time for praying as a group.

What's On Your Mind

Filthy Language to Patience – Feb 19/20

Text – Colossians 3:1 – 17, Galatians 5:19 – 26, Ephesians 4:29

Pray – Ask God to reveal speech patterns in each person that is “filthy” and destructive. Pray for a spirit of mercy to be in the room so everyone can feel able to speech freely and openly. Ask God to cause a mood of patience to be revealed and embraced.

Icebreaker – What are two or three issues or people you are impatient with right now?

Study

Getting Started

Colossians 3:1-17

The Apostle Paul clearly describes the “full life” Jesus spoke about in John 10:10 as he describes life before and after placing one’s faith in Jesus. He uses terms such as death and wrath to describe a life lived in selfishness. Life following Jesus is compared to peace and hope. Following self and the desires that arise from being insecure and self-protective lead to isolation and defeat but following the Spirit leads to community, care and revelation. In Colossians 3:1-17 we find two lists – one in verse 8 to be “taken off” and one in verse 12 to be “put on.” Each list contains five attitudes or emotions or actions characterizing a particular virtue. In the first list we see the characteristics of a person before he or she is following Jesus and in the second list Paul describes the virtue of a follower of Jesus experiencing fuller and fuller life.

*We need not pray for patience.
Followers of Jesus are patient
people because we are filled
with the Holy Spirit.*

Note – The literal translation of “filthy language” is “vile and/or venal talk.” Vile means morally despicable, repulsive, of little worth, or degrading. Venal means corrupt, corrupt by bribery, open to corruption, or capable of being bought. So, “filthy language” is conversation that lacks integrity and is degrading to the speaker of others. It might be easier to say that “filthy language” is conversation that is not building others up and is not furthering unity and peace. This kind of talk tends to arise when the speaker is anxious to gain an objective and resorts to degrading someone or something in

order to achieve an objective. The speaker may also use dishonesty or exaggeration to prove a point or say how things could be instead of how they are to influence others. “Filthy language,” at best, brings a false sense of reality and, at worst, tears things apart to achieve selfish ends.

Galatians 5:19-26

When a person “bends the knee” of his or her heart, accepts the forgiveness of sin offered by Jesus through His death, and commits by faith to follow Him having died to selfishness and resurrected with Jesus to full life, God fills our heart and soul – emotions and consciousness – with His very own person, the Holy Spirit. Life following Jesus is guided by the whole person of God or the Trinity – as the Spirit heals our hurts, guides our thoughts, affirms our place in God’s eternal family, translates the Bible to us, and moves us along the journey God has designed. When we live according to the Spirit’s leading, we produce supernatural fruit – love, joy, peace, patience, kindness, goodness, faithfulness, gentleness

Small Group Discussion Guide

and self-control. These virtues are in followers of Jesus and as we listen to the Spirit's leadership they are expressed in ways we were not previously capable of. It is because of the Spirit that we can move from filthy language to patience.

Note – Colossians 3:16 paints a picture of patient relationships of affirmation and grace. We need not pray for patience. Followers of Jesus are patient people because we are filled with the Holy Spirit and the Fruit of the Spirit includes patience. God is patient – He has proved that over and over as He waits for humanity to turn to Him and to realize His Kingdom here on Earth. Jesus was patient – He served and taught and lived when He was rejected but knew the Spirit would follow Him and reveal Truth to the hardest heart. The Spirit is patient as He guides, prods, and gently calls each of us to fuller and fuller life – never giving up on us even in our most stubborn moments. For us to “put on” new life is to allow the patience in us through the Spirit to be revealed.

Ephesians 4:29

The Apostle Paul is again very clear and concise in His instruction to Jesus Followers in Ephesus. He calls them to always be mindful of the listener and the listener's needs – let our words build others up. Don't let impatience motivate harsh, vile, venal, rude words to be spoken. As we prepare to talk, consider patiently the needs of others and use our speech to advance their life, love and hope. That will bring peace.

Focusing In

1. Read Colossians 3:15. What does it mean to have the “peace of Christ *rule – be the umpire* – in your hearts”? How does that change the way you talk?
2. If we took Colossians 3:16 literally, how would we greet one another each day? What does conversation that gives thanks to God sound like? What songs might we sing to one another?
3. What is the difference between “building someone else up” for our personal needs and “building someone else up” for their needs? Am I more likely to be impatient when I want them to serve me or when I want to serve them? (Ephesians 4:29)
4. What needs to change in your life in order for you to “keep step with the Spirit?” (Galatians 5:26)
5. What needs to change so that you can bear the fruit placed in you by the Spirit? What needs to happen so that the image of Jesus can “ooze” from you?

Call to Action

1. **Think** – Consider how patient God is with you and me and extend that to others.
2. **Love** –When tempted to use words that tear down, consider how the Spirit speaks to you and use those words and that tone with others.
3. **Serve** – Be the one to build up with words when others tear down.

Small Group Discussion Guide



4. **Live** – Listen intently to the Spirit’s affirmation in your heart and through the Word of God.

Sharing & Prayer - Share prayer requests, both from this discussion and from other areas of life.

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Group Prayer - Ask God to help each person follow through on the applications. Share other requests and leave ample time for praying as a group.